

Parasite Rotational Guide - Updated 1-19-19

Parasite formulas are best to take before you eat

Take an enzyme with food to help prevent from feeding parasites. For Example: Digestzyme by Designs for Health – Take one capsule with a major meal <https://amzn.to/2N4yH4E>

Binders recommended being on while parasite cleansing

BioActive Carbon BioTox by Microbe Formulas

Take 1 cap, 3 times a day (can be taken with or without food)

Keep the BioActive Carbons at least 1 hour away from Mimosa Pudica

<https://microbeformulas.com/products/microbe-formulas%E2%84%A2-bioactive-carbon-plus-systemic-biotoxin-binder>

BioActive Carbon Foundation by Microbe Formulas

Take 1 cap, 2 times a day (can be taken with or without food)

Keep the BioActive Carbons at least 1 hour away from Mimosa Pudica

<https://microbeformulas.com/products/bioactive-carbon-foundation>

Mimosa Pudica Seed by Microbe Formulas

Directions: Take 2 caps twice a day. Take on an empty stomach and wait 20 minutes after taking Mimosa Pudica before eating. Keep Mimosa Pudica at least 1 hour away from BioActive Carbon's, clay, charcoal or Diatomaceous earth.

<https://microbeformulas.com/products/microbe-formulas-mimosa-pudica>

Don't feel or see any difference from Mimosa Pudica for a month or two?

Increase the dose to 3 caps twice a day. Give it a week and if you don't see anything or feel any changes, increase to 4 caps twice a day for a week. Then increase to 5 caps twice a day.

Use coupon code **AtHome15** (case sensitive code). Coupon only works with email address that purchased the At Home Lyme Disease Program.

The coupon code is good on MicrobeFormulas.com

After you add items to the shopping cart, click checkout.

Once you are in the checkout there is a place on the left side to enter it.

It says "Discount" that's where you put your code in. Then click "apply"

Formula 1 by Microbe Formulas

Directions: Take 2 capsules twice a day

<https://microbeformulas.com/products/microbe-formulas-formula-1>

Use coupon code **AtHome15** (case sensitive code). Coupon only works with email address that purchased the At Home Lyme Disease Program.

The coupon code is good on MicrobeFormulas.com

After you add items to the shopping cart, click checkout.

Once you are in the checkout there is a place on the left side to enter it.

It says "Discount" that's where you put your code in. Then click "apply"

Vermicyde-GRD by Barlow Herbal

Directions: start with 5 drops twice a day and work up to two dropperfuls 2x a day in a small amount of water

<https://barlowherbal.com/products/vermicyde-grd>

Artemisinin Emulsion by QuickSilver Scientific

Directions: take 1 tsp once a day on an empty stomach (at least 10 minutes before eating)

Use jar within 30 days of opening the jar. Beware it tastes pretty bad

Available on Wellevate and get an extra 10% off:

Disclaimer: This is for educational purposes only.

© DrJayDavidson.com

- Go to: <https://welleivate.me/jay-davidson-1#/>
- Click “Register” and register for a free account
 - Remember your email and password you used for logging in
- Click “Shop Dispensary”

Or <http://shopvibrantlife.com/liposomal-artemisinin/>

If you don’t have an account setup, you can create an account for free by clicking “Sign Up” in the upper right hand corner.

Blue Tansy Essential Oil

Directions: rub 1 drop onto the abdomen 1-2 times a day

<https://butterflyexpress.net/shopping/item/OS8/essential-oils-single-essential-oils-blue-tansy-tanacetum-annuum-essential-oil-5ml>

Diatomaceous Earth

Directions: full dosage is 1-2 tablespoon a day in water (you may mix with a smoothie or protein if you’d like)

Keep 1 hour away from Mimosa Pudica seed

<https://www.amazon.com/Diatomaceous-Earth-Lbs-Food-Grade/dp/B00KXPXGNT0/>

Pyrantel Pamoate by Columbia Laboratories

Directions: take one dose per day for 5 days straight on full moon

(dosing by weight on bottle) FYI - does more than just pinworms <http://amzn.to/2snWC5Q>

Less than 25 lbs. (11 kg) or under 2 years old	Do not use unless directed by a physician
25-37 lbs. (11-16 kg)	1/2 teaspoonful (2.5 mL)
38-62 lbs. (17-28 kg)	1 teaspoonful (5.0 mL)
63-87 lbs. (29-39 kg)	1 1/2 teaspoonful (7.5 mL)
88-112 lbs. (40-50 kg)	2 teaspoonful (10.0 mL)
113-137 lbs. (51-62 kg)	2 1/2 teaspoonful (12.5 mL)
138-162 lbs. (63-73 kg)	3 teaspoonful (15.0 mL)
163-187 lbs. (74-84 kg)	3 1/2 teaspoonful (17.5 mL)
188 lbs. (85 kg and over)	4 teaspoonful (20.0 mL)

A-P by Byron White Formulas

Start with 1-5 drops 1x a day and work up to 20 drops 2x a day

-Place the dosage in a ½ - 1 oz of water (filtered). Don’t mix with other formulas.

-Put in your mouth and swish around for a minute before swallowing

-Must be taken 30 minutes away from everything (minimum of 15 minutes before and after)

<http://shopvibrantlife.com/a-p-complex/>

If you don’t have an account setup, you can create an account for free by clicking “Sign Up” in the upper right hand corner.

A-T by Byron White Formulas

Start with 1-5 drops 1x a day and work up to 20 drops 2x a day

-Place the dosage in a ½ - 1 oz of water (filtered). Don’t mix with other formulas.

Disclaimer: This is for educational purposes only.

© DrJayDavidson.com

-Put in your mouth and swish around for a minute before swallowing
-Must be taken 30 minutes away from everything (minimum of 15 minutes before and after)
<http://shopvibrantlife.com/a-t/>

If you don't have an account setup, you can create an account for free by clicking "Sign Up" in the upper right hand corner.

Clarkia-100 by Barlow Herbal

Start at 2 drops and work up to 2 droppers. 2 to 3 times per day.

<https://barlowherbal.com/products/clarkia-100>

Centaury

Take about 20-30 minutes before food: start with 1 capsule a day and work up to 2-4 caps 2 times a day (beware as you increase, your stomach might roll from the worms dying)

Be aware that some people (small percentage) cannot handle a big dose of centaury.

Buy the loose herb from them (1lb is \$9.00 and goes a long way, you can buy ½ a pound or even less if you'd like)

<https://www.mountainroseherbs.com/products/centaury-herb/profile>

Blend the dry herb up to make into a smaller powder – hand encapsulate the powder in Size 00 capsules. Such as this: <http://amzn.to/2rSuVDT> or <http://amzn.to/2seiiDX>

A liquid Centaury option:

Take about 20-30 minutes before food: Start with 5 drops 1x a day and work up to 40 drops 2 times a day

<https://www.hawaiiopharm.com/alcohol-free-liquid-herbal-extracts/%5Bc%5D%5B115%5D/centauryi-nonalc-extract>

If you are getting a lot of ropeworm out (or feel clogged up during cleansing) add these enemas into it. Rotate between Eucalyptus oil enema & Rosemary oil enema (2-3x a week)

Eucalyptus oil enema

2 cups of filtered water to 5-10 drops of eucalyptus essential oil.

Try to get the tube up high 12-14" in as well (don't force it). Hold for 30-60 minutes

-an attachment like this works well <http://amzn.to/2hPCy1a>

Rosemary oil enema

2 cups of filtered water to 5-10 drops of rosemary essential oil.

Try to get the tube up high 12-14" in as well (don't force it). Hold for 30-60 minutes

-an attachment like this works well <http://amzn.to/2hPCy1a>

Parasite Cleansing Example

Month 1

Mimosa Pudica
Formula 1

Month 2

Mimosa Pudica
Formula 1
Artemisinin Emulsion

Month 3

Mimosa Pudica
Diatomaceous Earth
Vermicyde-GRD
Pyrantel Pamoate for 5 days around full moon

Month 4

Mimosa Pudica
Clarkia-100
Pyrantel Pamoate for 5 days around full moon
Diatomaceous Earth
A-P

Month 5

Mimosa Pudica
Blue Tansy Essential Oil
Pyrantel Pamoate for 5 days around full moon
Diatomaceous Earth
A-T

Month 6

Mimosa Pudica
Centuary
Formula 1
Clarkia-100
A-P

Month 7

Mimosa Pudica
Centuary
Blue Tansy Essential Oil
Vermicyde-GRD
Formula 1
A-T

The Full Moon 5 Day Worm Protocol

Do the Full Moon 5 Day Worm Protocol after the initial comprehensive parasite cleanse

Do the Full Moon 5 Day Worm Protocol on every full moon, start 2 days before the full moon and end 2 days after the full moon.

Think high doses of herbs below for a short period of time.

Mimosa Pudica

A-P

A-T

Formula 1

Centuary

Clarkia-100

Pyrantel Pamoate

Vermicyde-GRD