

# H. Pylori Protocol

Updated 12-31-18

## Matula Herbal Tea

- Drink twice a day for 30 days (morning and evening).
- One cup 30 minutes before breakfast and one cup 30 minutes before dinner or 1-2 hours after dinner before going to bed.

To make the tea, please place one tea sachet in a tea cup or coffee mug.

- Pour between 100 and 150 ML (approx. 3.5 to 5 fluid ounces) rapidly boiling, filtered water over the tea bag.
- Do not add sugar or milk. If desired, half a teaspoon of honey can be added.
- Let the tea draw for at least five minutes.
- Now drink the tea

<http://www.matulatea.com?afmc=4b>

## Pyloricil by OrthoMolecular

- Take 1 cap 2x a day (empty stomach - or 30 minutes before food)
  - Go to: <https://wellevate.me/jay-davidson-1#/>
  - Click “Register” and register for a free account
    - Remember your email and password you used for logging in
  - Click “Shop Dispensary”

Stop eating poultry (chicken and turkey) for 2-4 weeks

Stay away HCL in supplements as it will make matters worse while on H. Pylori protocol

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## Additional Options if H. Pylori is Still Problematic

- Extend protocol for an additional 30 days (60 days total)
- **Support Mucosa by BioMatrix**
  - Take 2-3 caps 2x a day 15 minutes before meals.
    - Go to: <https://wellevate.me/jay-davidson-1#/>
    - Click “Register” and register for a free account
      - Remember your email and password you used for logging in
    - Click “Shop Dispensary”
- **GastroMend-HP by Designs for Health**
  - Take 2 caps 2x a day (empty stomach - or 30 minutes before food)
    - Go to: <https://wellevate.me/jay-davidson-1#/>
    - Click “Register” and register for a free account
      - Remember your email and password you used for logging in
    - Click “Shop Dispensary”
- **Argentyn 23 by Natural Immunogenics**
  - Take 1 tsp via mouth and swish it around for 1-2 minutes then swallow. 7 times per day.
    - 4oz bottle <https://amzn.to/2Jcx82W>

- **Oil of Oregano by Designs for Health**
  - Take 1 capsule with a meal twice a day
    - Go to: <https://wellevate.me/jay-davidson-1#/>
    - Click “Register” and register for a free account
      - Remember your email and password you used for logging in
    - Click “Shop Dispensary”