

# Pathogen Elimination Instructions

Updated 1-9-19

Always support drainage through pathogen elimination.

Pathogen elimination can be combined (overlapped) with detoxification.

Usually begin pathogen elimination when the majority of parasite cleansing is done.

Highly recommend BioActive Carbon BioTox along with your protocol as it is a great help against Candida and fungus as well as mold, ammonia, sulfur pathway, increase oxygen

## **BioActive Carbon BioTox by Microbe Formulas**

Directions: Take 1 cap 2-3 times a day

May increase to 2-3 caps, 2-3 times a day

Take with or without food

<https://microbformulas.com/products/microbe-formulas%E2%84%A2-bioactive-carbon-plus-systemic-biotoxin-binder>

Use coupon code **AtHome15** (case sensitive code). Coupon only works with email address that purchased the At Home Lyme Disease Program.

The coupon code is good on MicrobeFormulas.com

After you add items to the shopping cart, click checkout.

Once you are in the checkout there is a place on the left side to enter it.

It says "Discount" that's where you put your code in. Then click "apply"

## **For Viruses and Retroviruses: stay on consistently**

### **BioActive Carbon Foundation by Microbe Formulas**

Start with 1 cap twice a day and work up to 2 caps twice a day. Can be taken with or without food

<https://microbformulas.com/products/bioactive-carbon-foundation>

Use coupon code **AtHome15** (case sensitive code). Coupon only works with email address that purchased the At Home Lyme Disease Program.

The coupon code is good on MicrobeFormulas.com

After you add items to the shopping cart, click checkout.

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## **For Lyme Disease**

### **Formula 1 (I) by Nature's Pharmacy**

Dilute ½ teaspoon in water 2 times daily. Take on an empty stomach or 15 minutes before meals.

Work up to 2 teaspoons 2 times daily.

<http://shopvibrantlife.com/formula-1/>

### **Biocidin by Bio-Botanical Research (available in capsule or liquid)**

Begin with 1 cap 2 times per day (may work up to 2 caps, 3 times a day)

Take 30 minutes before a meal.

Biocidin is also available in a liquid as well

Begin with 1-2 drops, 3 times a day, directly in the mouth. Take 30 minutes before a meal.

(may work up to 6-10 drops, 3 times a day)

Children: 1-2 drops of liquid per 10lbs. of body weight per day divided into 2-3 doses.

Both liquid and capsule Biocidin is available on Wellevate (get an extra 10% from Wellevate):

Go to: <https://wellevate.me/jay-davidson-1#/>

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Click "Register" and register for a free account

Remember your email and password you used for logging in

Click "Shop Dispensary"

Or on:

<http://shopvibrantlife.com/biocidin/?rfsn=1280052.3cf07>

<http://shopvibrantlife.com/biocidin-lq/?rfsn=1280052.3cf07>

If you don't have an account on ShopVibrantLife.com, you can create an account for free.

### **Argentyn 23 by Natural Immunogenics**

Take 1 tsp via mouth and swish it around for 1-2 minutes then swallow. Do this 2-3 times per day.

Argentyn 23 - 4oz bottle <https://amzn.to/2Jcx82W>

Argentyn 23 - 2 oz dropper <https://amzn.to/2LX725G>

While holding the eye open, spray each eye with 2 sprays, twice a day

Argentyn 23 - 2 oz front spray <https://amzn.to/2t6knQS>

While breathing in through the nostril, spray each nostril 2 times, twice a day

Argentyn 23 - 2 oz nasal spray <https://amzn.to/2HkasMr>

### **For Babesia**

#### **Formula 3 (III) by Nature's Pharmacy**

Dilute ½ teaspoon in water 2 times daily. Take on an empty stomach or 15 minutes before meals.

Work up to 2 teaspoons 2 times daily.

<http://shopvibrantlife.com/formula-3/>

### **For Bartonella**

#### **Formula 5 (V) by Nature's Pharmacy**

Dilute ½ teaspoon in water 2 times daily. Take on an empty stomach or 15 minutes before meals.

Work up to 2 teaspoons 2 times daily.

<http://shopvibrantlife.com/formula-v/>

### **For Mycoplasma**

#### **A-Myco by Byron White Formulas**

Start with 1-5 drops 2x a day and work up to 20 drops 2x a day.

Place the dosage in a ½ - 1 oz of water (filtered). Don't mix with other formulas.

Put in your mouth and swish around for a minute before swallowing.

Must be taken 30 minutes away from everything (minimum of 15 minutes before and after)

<http://shopvibrantlife.com/a-myco/?rfsn=1280052.3cf07>

If you don't have an account on ShopVibrantLife.com, you can create an account for free.

### **For Biofilm**

**Cistus Tea** - biofilm buster, prevents ticks and kill spirochetes (drinking excess can lower iron)

Have a cup in the evening. 4-6 cups a day for acute treatment.

Prepping tea - 1 tsp into 8 oz of boiling water.

- Let steep for 10 minutes.
- The strained tea can be re-steeped 2-3 times

Product Options to Purchase:

BioPure is a very popular one

<https://biopureus.com/product/cistus-incanus-tea-100g/>

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Polana Herbs brand <https://amzn.to/2JjrT0M>

Green Cottage Creek

<http://www.greencottagecreek.com/product/cistus-incanus-rock-rose-zistrose-herb-tea/>

LR of Germany brand <https://amzn.to/2utb8Ld>

## **Optional to Boost Immune System**

### **Beta 1,3D Glucan by Better Way Health**

For Maximum Immune Response, a dosage of (1) 500mg Capsule per 50 pounds of bodyweight is ideal. For example, a 130 pound person would need ~1300mg of Beta Glucan. Please note, since 1300mg is more than 2 Capsules (1000mg), we advise taking (3) 500mg Capsules (1500mg) Daily on an Empty Stomach for the Best Immune System Possible. Importantly, all 3 Capsules should be taken together every morning. Wait at least 30 minutes after taking Beta Glucan before eating, drinking (not including water) or consuming other products.

Dosing calculator is available on the website as well.

[https://www.betterwayhealth.com/collections/transfer-point-beta-glucan/products/beta-glucan#a\\_aid=Summit3](https://www.betterwayhealth.com/collections/transfer-point-beta-glucan/products/beta-glucan#a_aid=Summit3)

[https://www.betterwayhealth.com/#a\\_aid=Summit3](https://www.betterwayhealth.com/#a_aid=Summit3)

Also available on Amazon too: <https://amzn.to/2sWA3G6>

## **Other Tools For Lyme Disease**

### **Samento by NutraMedix**

Start with 1 drop twice in 4 oz water, 30 minutes before a meal.

Slowly increase dosage to 30 drops, 3 times daily.

<https://amzn.to/2m889UM>

<https://www.nutramedix.com/shop/samento-microbial-defense>

### **Banderol by NutraMedix**

Match the dosage with Samento & take at the same time.

<https://amzn.to/2u8KXtV>

<https://www.nutramedix.com/shop/banderol-microbial-defense>

### **A-L by Byron White Formulas**

Start with 1-5 drops 2x a day and work up to 20 drops 2x a day

Place the dosage in a ½ - 1 oz of water (filtered). Don't mix with other formulas or supplements.

Put in your mouth and swish around for a minute before swallowing.

Must be taken 30 minutes away from everything (minimum of 15 minutes before and after). <http://shopvibrantlife.com/a-l/?rfsn=1280052.3cf07>

If you don't have an account on ShopVibrantLife.com, you can create an account for free.

## **Other Tools For Babesia**

### **A-BAB by Byron White Formulas**

Start with 1-5 drops 2x a day and work up to 20 drops 2x a day

Place the dosage in a ½ - 1 oz of water (filtered). Don't mix with other formulas.

Put in your mouth and swish around for a minute before swallowing

Must be taken 30 minutes away from everything (minimum of 15 minutes before and after)

<http://shopvibrantlife.com/a-bab/?rfsn=1280052.3cf07>

If you don't have an account on ShopVibrantLife.com, you can create an account for free.

## **Other Tools For Bartonella**

### **Formula 4 (IV) by Nature's Pharmacy**

Dilute ½ teaspoon in water 2 times daily. Take on an empty stomach or 15 minutes before meals.

Work up to 2 teaspoons 2 times daily.

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<http://shopvibrantlife.com/formula-iv/>

### **A-BART by Byron White Formulas**

Start with 1-5 drops 2x a day and work up to 20 drops 2x a day.

Place the dosage in a ½ - 1 oz of water (filtered). Don't mix with other formulas.

Put in your mouth and swish around for a minute before swallowing.

Must be taken 30 minutes away from everything (minimum of 15 minutes before and after)

<http://shopvibrantlife.com/a-bart/?rfsn=1280052.3cf07>

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## **Pathogen Elimination Protocol Example**

Take BioActive Carbon Foundation and BioActive Carbon Biotox everyday during protocol.

Do 12 Days ON (taking products) and 2 Days OFF (not taking products) for the 2-week period.

### **Week 1-2**

Formula 1 (I) by Nature's Pharmacy

### **Week 3-4**

Biocidin by Bio-Botanical Research

### **Week 5-6**

Formula 1 (1) by Nature's Pharmacy

### **Week 7-8**

Biocidin by Bio-Botanical Research

### **Week 9-10**

Formula 1 (1) by Nature's Pharmacy

Formula 3 (III) by Nature's Pharmacy

### **Week 11-12**

Formula 5 (V) by Nature's Pharmacy

Argentyn 23 by Natural Immunogenics

### **Week 13-14**

Formula 3 (III) by Nature's Pharmacy

A-Myco by Byron White Formulas

1 cup of Cistus Tea in the evening

### **Week 15-16**

Formula 5 (V) by Nature's Pharmacy

Argentyn 23 by Natural Immunogenics

1 cup of Cistus Tea in the evening

### **Week 17-18**

Biocidin by Bio-Botanical Research

A-Myco by Byron White Formulas

1 cup of Cistus Tea in the evening

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Continue as needed for more pathogen elimination. If sensitive, reduce dosing of pathogen killing products, slow down on the introduction of new products and increase drainage support. If you have a strong constitution and minimal symptoms, feel free to add additional formulas into the above example.

If you need more attention for Lyme disease, consider adding:

- Samento by NutraMedix
- Banderol by NutraMedix
- A-L by Byron White Formulas

If you need more attention for Babesia, consider adding:

- A-BAB by Byron White Formulas

If you need more attention for Bartonella, consider adding:

- Formula 4 (IV) by Nature's Pharmacy
- A-BART by Byron White Formulas