

What To Do Immediately Following a Tick Bite



1. Remove the tick the right way.

The best way to detach an embedded tick is by using a tick removal device to spin and remove the tick. Avoid tweezers or your bare fingers. Avoid pouring anything over the tick, such as alcohol or essential oils. Avoid flame, as well.

2. Save the tick for testing.

After the tick has been removed, save it in a bag if you wish to send it in for testing.

Visit this website for more information:

http://www.tickcounter.org/tick_testing

3. Use essential oil skin protection.

Next, once the tick is removed, cover the tick sting in an anti-pathogen essential oil, like oregano essential oil. Oregano oil is protective against viruses, bacterial, parasites, fungus, and more.



4. Take *ledum palustre* 200c homeopathic.

If you're unable to find 200c, 30c will work fine as well, with the same instructions.

- Every 3 hours for the first day
- Twice a day for the next week
- Twice a week for the next month
- Once per week for another month

5. Boost your immune system.

Follow up with anti-microbials or immune-boosting supplements. For more information and support, visit www.LymeDiseaseProgram.com



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