

Short Term Boosting Immune System

Before dental visit, start protocol 1 week before visit and continue for 2 weeks following visit.

Beta 1,3D Glucan by Better Way Health

For Maximum Immune Response, a dosage of (1) 500mg Capsule per 50 pounds of bodyweight is ideal. For example, a 130 pound person would need ~1300mg of Beta Glucan. Please note, since 1300mg is more than 2 Capsules (1000mg), we advise taking (3) 500mg Capsules (1500mg) Daily on an Empty Stomach for the Best Immune System Possible. Importantly, all 3 Capsules should be taken together every morning. Wait at least 30 minutes after taking Beta Glucan before eating, drinking (not including water) or consuming other products.

Dosing calculator is available on the website as well.

https://www.betterwayhealth.com/collections/transfer-point-beta-glucan/products/beta-glucan#a_aid=Summit3

https://www.betterwayhealth.com/#a_aid=Summit3

Also available on Amazon too: <https://amzn.to/2sWA3G6>

BioActive Carbon Foundation by Microbe Formulas

Take 2 caps twice a day

Can be taken with or without food

<https://microbepformulas.com/products/bioactive-carbon-foundation>

Use coupon code **AtHome15** (case sensitive code). Coupon only works with email address that purchased the At Home Lyme Disease Program.

The coupon code is good on MicrobeFormulas.com

After you add items to the shopping cart, click checkout.

Once you are in the checkout there is a place on the left side to enter it.

It says "Discount" that's where you put your code in. Then click "apply"

Oil pulling then use Argentyn 23

Oil pulling with Organic (unrefined) coconut oil

Put 1 tsp to 1 tbsp of organic coconut oil first thing in the morning in your mouth, swish it around for 15 minutes, spit it out in waste basket.

After spitting out the coconut oil, take a dose of Argentyn 23

Argentyn 23 by Natural Immunogenics

Take 1 tsp via mouth and swish it around for 1-2 minutes then swallow. Do this 3-7 times per day.

Argentyn 23 - 4oz bottle <https://amzn.to/2Jcx82W>

Argentyn 23 - 2 oz dropper <https://amzn.to/2LX725G>

Argentyn 23 - 2 oz <https://amzn.to/2t6knQS>

Biocidin by Bio-Botanical Research (available in capsule or liquid)

Begin with 1 cap 2 times per day (may work up to 2 caps, 3 times a day)

Take 30 minutes before a meal.

Biocidin is also available in a liquid as well

Begin with 1-2 drops, 3 times a day, directly in the mouth. Take 30 minutes before a meal.

(may work up to 6-10 drops, 3 times a day)

Children: 1-2 drops of liquid per 10lbs. of body weight per day divided into 2-3 doses.

Both liquid and capsule Biocidin is available on Wellevate:

- Go to: <https://wellevate.me/jay-davidson-1#/>
- Click “Register” and register for a free account
 - Remember your email and password you used for logging in
- Click “Shop Dispensary”

Or on:

<http://shopvibrantlife.com/biocidin/?rfsn=1280052.3cf07>

<http://shopvibrantlife.com/biocidin-lq/?rfsn=1280052.3cf07>

If you don't have an account setup, you can create an account for free by clicking “Sign Up” in the upper right hand corner.

Vitamin C Supplement Options

Take 4 grams (aka 4,000mg) a day

There are 2 different Vitamin C supplement options

- Go to: <https://wellevate.me/jay-davidson-1#/>
- Click “Register” and register for a free account
 - Remember your email and password you used for logging in
- Click “Shop Dispensary”

Another Vitamin C option on Amazon: <https://amzn.to/2H2hczi>