

Amalgam Removal Protocol

Make sure to support drainage leading up to the amalgam removal at least for 60 days.

Amalgam Removal Day/ **Before** appointment:

- 10 capsules of **MBC by Systemic Formulas** before Appointment in the AM
<http://shopvibrantlife.com/mbc-micro-biome-colonizer/?rfsn=1280052.3cf07>
If you don't have an account setup, you can create an account for free by clicking "Sign Up" in the upper right hand corner.
- 4 **BioActive Carbon MetChem** right before removal
<https://microbeformulas.com/products/bioactive-carbon-metchem>
Use coupon code **AtHome15** (case sensitive code). Coupon only works with email address that purchased the At Home Lyme Disease Program.
The coupon code is good on MicrobeFormulas.com
After you add items to the shopping cart, click checkout.
Once you are in the checkout there is a place on the left side to enter it.
It says "Discount" that's where you put your code in. Then click "apply"

Amalgam Removal Day/ **After** appointment:

- 4 **BioActive Carbon MetChem** immediately after Removal
- Take Magnesium and Vitamin C every hour until Diarrhea
 - **Vitamin C** - *(TAKE ONLY AFTER AMALGUM REMOVAL BECAUSE IT WILL INHIBIT NUMBING AGENT IF TAKEN BEFORE)*
 - 6 grams of Vitamin C every hour until Diarrhea (max of 6 doses)
 - **Magnesium** – take 250-400 mg every hour until Diarrhea (max of 6 dose)

Day 1 After Amalgam Removal

- **Vitamin C:** 75% of Vitamin C from day 1
 - **Example:** If you took 12 teaspoons on day one, you take 9 teaspoons
- **Magnesium:** 75% of Magnesium from day 1
- **MBC:** 2-4 capsules a day
- **BioActive Carbon MetChem:** 1 capsule twice a day

Day 2 After Amalgam Removal

- **Vitamin C:** 75% of Vitamin C from day 1
- **Magnesium:** 75% of Magnesium from day 1
- **MBC:** 2-4 capsules a day
- **BioActive Carbon MetChem:** 1 capsule twice a day

If there are more removal appointments coming, REPEAT this protocol for EACH removal.

Oral Magnesium - There are 5 different magnesium supplement options

- Go to: <https://welleivate.me/jay-davidson-1#/>
- Click "Register" and register for a free account
 - Remember your email and password you used for logging in
- Click "Shop Dispensary"

Vitamin C - There are 2 different Vitamin C supplement options

- Go to: <https://wellevate.me/jay-davidson-1#/>
- Click “Register” and register for a free account
 - Remember your email and password you used for logging in
- Click “Shop Dispensary”

Another Vitamin C option on Amazon: <https://amzn.to/2H2hcj>