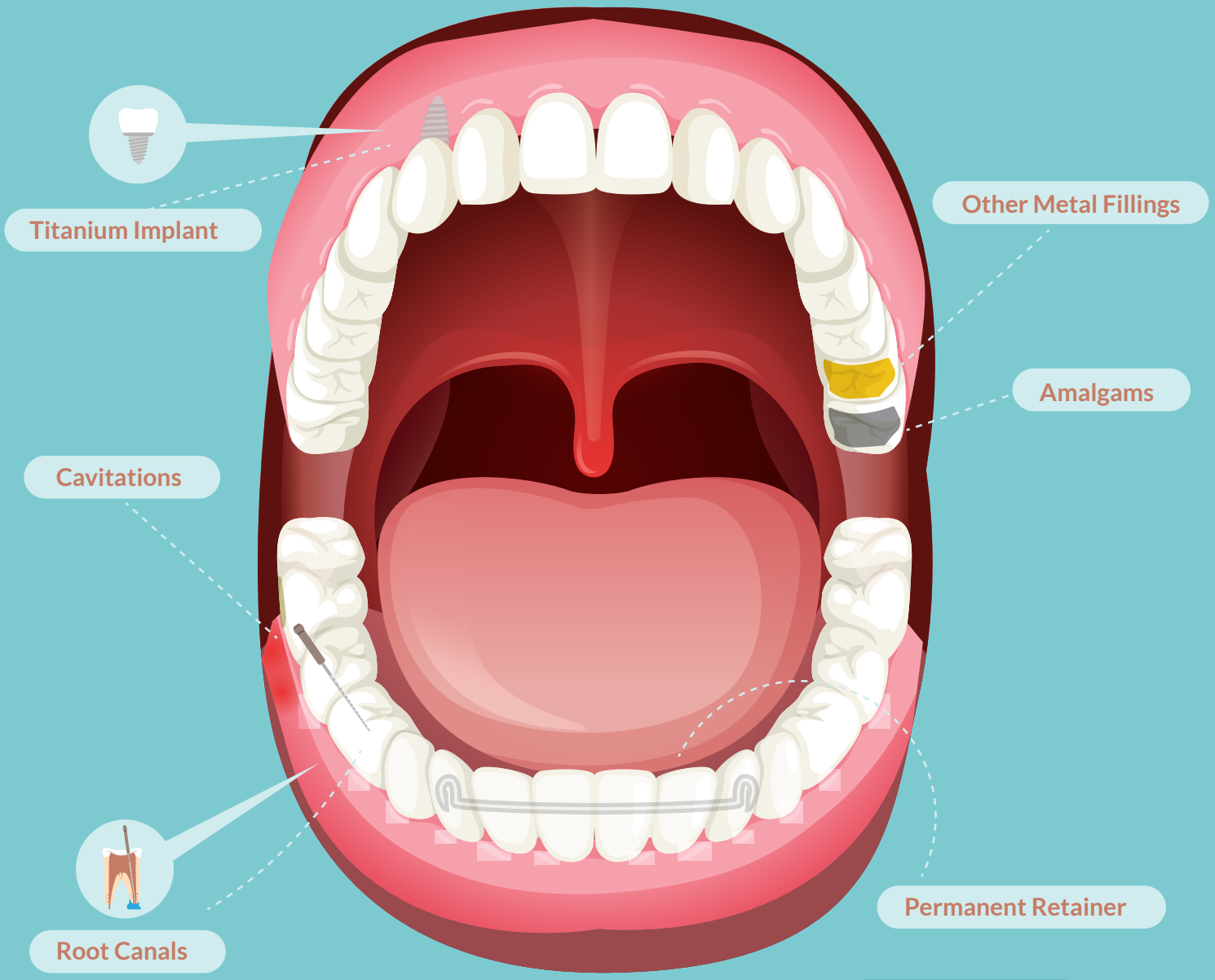
ORAL CARE
TIPS AND TOOLS

A perfect mouth would have no cavities, no metal, no pulled teeth, no root canals, no toxins, and no retainers. In today's world, this is an unrealistic expectation. Instead, we must learn how to remediate the tooth issues we have, for the healthiest oral microbiome and body. Here are some common problem areas:



DR. JAY DAVIDSON SIMPLIFYING COMPLEX CONDITIONS