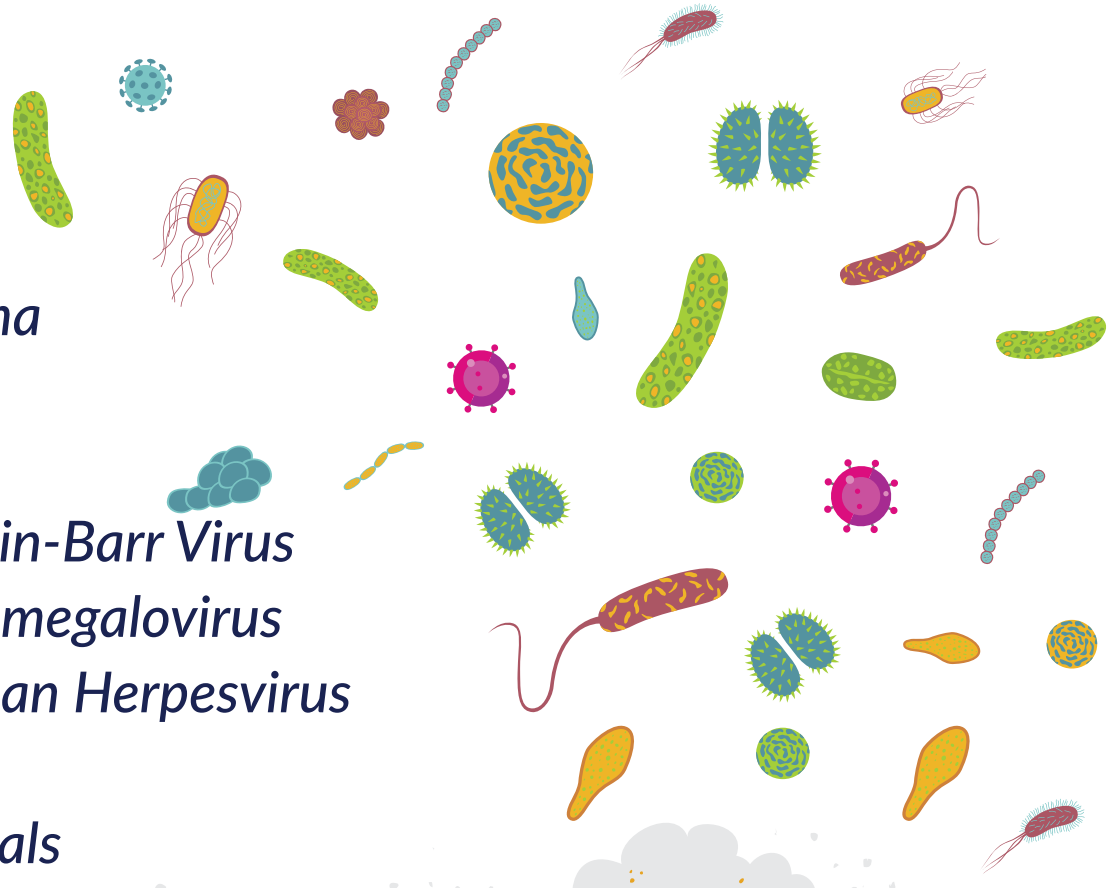


# Top Sources for Health Issues

- Lyme
- Viruses
- Fungus
- Mycoplasma
- Babesia
- Bartonella
- EBV: Epstein-Barr Virus
- CMV: Cytomegalovirus
- HHV: Human Herpesvirus
- Mold
- Heavy metals
- Toxicity
- Glyphosate
- Parasites
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_



## Mindset Tip:

*Be careful with becoming too attached to labeling what's wrong. This checklist is meant to give you focus for your upcoming healing journey, and to allow you to consider which top sources for health issues you may need to address. It is not intended as diagnosis or treatment.*



**At-Home  
Lyme  
Program**